

## Lesson Two

Want to be a million dollar trader?



**What's stopping you?**

# The three trading blocks holding you back





### Block #3

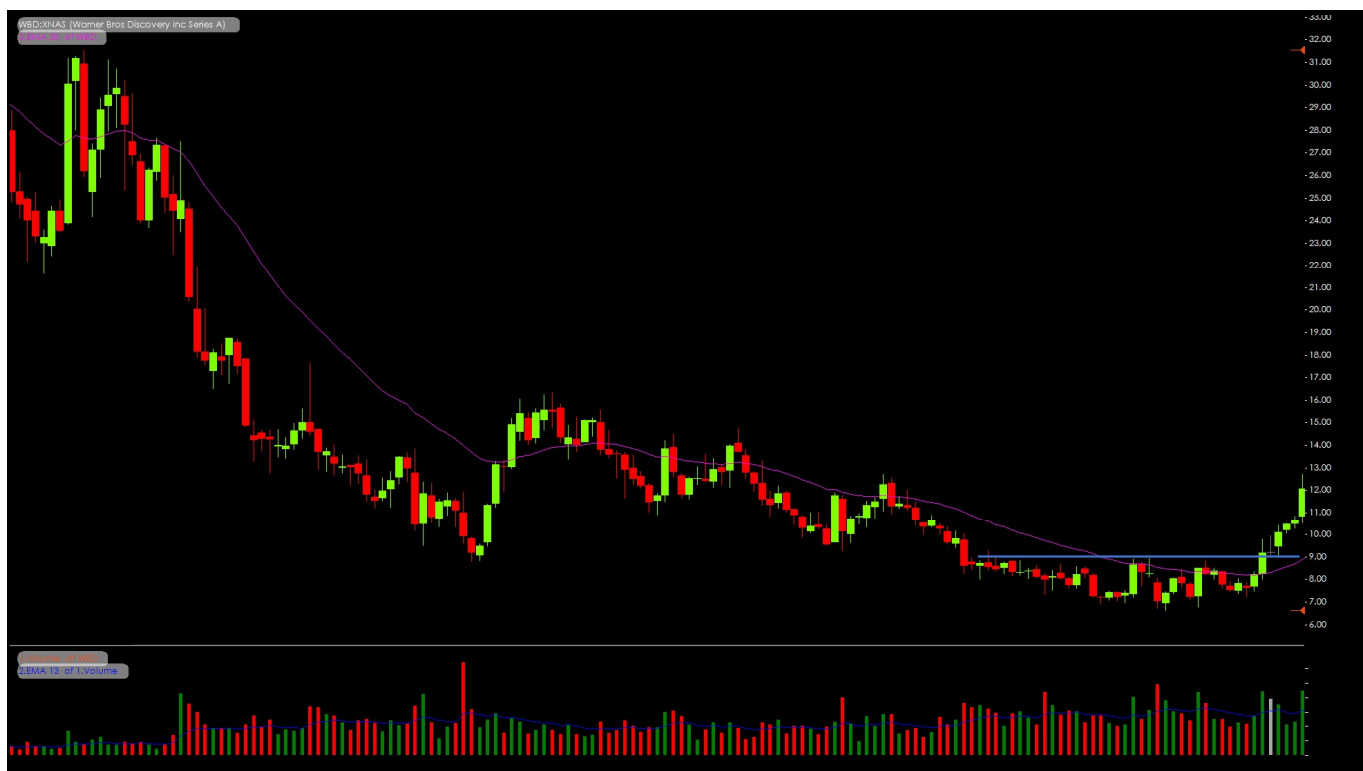
You are letting your emotions  
wreck your trades



**The Fix**



## 1. Cut out the garbage trades



What else can you see?



## 2. Build a position sizing plan



## 3. Train your brain for success



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