

# 境外生工作坊 活動精選

**A new journey begins**  
**A self-care group for FCU's international students**

Group goals:

- Promote international students' resilience in coping with new environments, culture, language, and stress.
- Get to know oneself better and connect with peers of other nationalities.
- Storytelling, playing puppets, drawing, improv games, performing, group sharing.

Time: Sat., 11/26, 2022, 10:00-11:30 (Refreshments to be served)  
 Place: FCU's Counseling Center, Language Building  
 Group Size: 12 members  
 Facilitator: Shih-shan Chang, drama therapist  
 Fees: None

Participants must be:

- Registered students at Feng Chia University
- Able to communicate in English
- Able to abide by group rules, such as confidentiality and punctuality.

Group Period: now - Nov. 25, 2022  
 Sign up by the QR Codes to fill out the online application form.

